

## Further Resources and Recommendations

**Jennifer Baker's Favourite Eco-fiction, Eco-Criticism, and Eco-Poetry (so far, and some she has on her list that are highly recommended by her colleagues)**

### Poetry

Boan, Selina. *Undoing Hours*.

Bolster, Stephanie. *A Page from the Wonders of Life on Earth*.

Brand, Dionne. *Land to Light On*. (Anything by Brand, really!)

Hall, Phil. *Toward a Blacker Ardour*.

----- *Conjugation*.

----- *The Small Nouns Crying Faith*.

(anything, really)

McKay, Don. (also... anything – read anything by Don McKay).

NourbeSe Philip, M. *Zong!*

Ridley, Sandra. *Silvija*.

----- *Fallout*.

Solie, Karen. *The Road In Is Not The Same Road Out*.

Still, Jennifer. *Comma*.

Turnbull, Chris. Rout/e: <https://etuor.wordpress.com/>

----- *Continua*.

Mouré, Erin. *Sheep's Vigil for a Fervent Person*.

----- *The Uplands: Book of the Courel* (A translation of Uxío Novoneyra)

Virgil. *Georgics* (two translations that are excellent: David Ferry's *The Georgics of Virgil*, and *Virgil: Georgics* by Kristina Chew)

Wong, Rita. *Forage*.

### Non-Fiction/Philosophy

Brand, Dionne. *A Map to the Door of No Return: Notes to Belonging*.

Hern, Matt, and Am Johal. *Global Warming and the Sweetness of Life: A Tar Sands Tale*.

Serres, Michel. *The Natural Contract*.

Solnit, Rebecca. *Hope in the Dark*.

Tsing, Anna. *The Mushroom at the End of the World: On the Possibility of Life in Capitalist Ruins*.

Tsing, Anna, et. Al. *Feral Atlas*: <https://feralatlant.org/>

Weber Nicholse, Shierry. *The Love of Nature and the End of the World*.

### **Eco-Fiction/Cli-Fi**

Butler, Octavia E. *Parable of the Sower (Earthseed, #1)*

Dimaline, Sheri. *The Marrow Thieves*.

Goto, Hiromi. *Chorus of Mushrooms*.

----- *The Kappa Child*.

Mootoo, Shani. *Cereus Blooms at Night*.

----. *Polar Vortex*.

*Love After the End: An Anthology of Two-Spirit & Indigiqueer Speculative Fiction*. Edited by Joshua Whitehead.

Whitehead, Joshua. *Jonny Appleseed*.

## **Webinar Works Cited & Psychological Resources**

### **Psychological Resources (for immediate help)**

Canadian Psychological Association. "Psychology Works' Fact Sheet: Climate Change and Anxiety": <https://cpa.ca/psychology-works-fact-sheet-climate-change-and-anxiety/>

Dr. Ashlee Cunsolo: <https://ashleecunsolo.ca/>

### **Webinar Works Cited**

Albrecht G, Sartore GM, Connor L, et al. "Solastalgia: the distress caused by environmental change." *Australasian Psychiatry*. 2007;15:S95-S98.

Bristow, Tom, Thom Van Dooren and Cameron Muir. "Hope in a Time of Crisis: Environmental Humanities and Histories of Emotions." *Histories of Emotion: From Medieval Europe to Contemporary Australia*. <https://historiesofemotion.com/2015/11/06/hope-in-a-time-of-crisis-environmental-humanities-and-histories-of-emotions/>

Cunsolo Willox A, Harper SL, Ford JD, et al. "From This place and of this place: climate change, sense of place, and health in Nunatsiavut, Canada." *Soc Sci Med*. 2012;75:538-547.

Dacey, Elisha. "Eco-Anxiety affecting more people – and inspiring them to change." CBC News. 22 April 2018. <https://www.cbc.ca/news/canada/manitoba/eco-anxiety-inspiring-change-plastics-1.4630037>

Lewis, Janet, M.D. "In the Room with Climate Anxiety." *Psychiatric Times*, Vol. 35.

<https://www.psychiatrictimes.com/climate-change/room-climate-anxiety>

Ratcliffe, Glynis. "Eco-Anxiety Isn't New, and It's Time To Deal With It." *Asparagus Magazine*.

<https://medium.com/asparagus-magazine/eco-anxiety-climate-change-coping-treatment-cbt-72625b481f54>

Ray, Sarah Jaquette. "Coming of Age at the End of the World: The Affective Arc of Undergraduate Environmental Studies Curricula." *Affective Ecocriticism*. Eds. Kyle Bladlow and Jennifer Ladino. (Downloadable from Sharepoint)

Saltzein, Katherine. "It's Not Easy Thinking Green: Suffering from Eco-Anxiety." *New Mexico Woman*. Vol. 20, Iss. 11 (Nov. 2007). (Downloadable from Sharepoint)

Solnit, Rebecca. *Hope in the Dark*.

Verplanken B, Roy D. "My worries are rational, climate change is not: habitual ecological worrying is an adaptive response." *PLoS One*. 2013;8:e74708.